

Pennsylvania Randonneurs
International Women's Day 107K Populaire

Saturday 14 March 2026, 08:00 EDT

Event Type:	RUSA
Distance:	66.6 mi / 107.2 km
Climbing:	2887.7 ft
Pavement:	paved B2578_R0_IWD_107K
Organizer:	Patrick Gaffney (267-250-0764)
RWGPS Name:	International Women's Day 107K Populaire
RWGPS URL:	https://ridewithgps.com/routes/49803362
Modified:	2026-03-1 13:25:33 EST
Cues Generated:	2026-03-01 13:27 EST
Cuesheet Version:	2

If abandoning ride or to report a problem call the organizer: Patrick Gaffney (267-250-0764). For Medical/Safety Emergencies Call 911 First!

***:Easy to miss, B: Bear, B/C: Becomes, FMR: Follow Main Road, L: Left, LMR: Leave Main Road, NM: Not Marked, Q: Quick, R: Right, SO: Straight On, SS: Stop Sign, T: T Intersection, TFL: Traffic Light, TRO: To Remain On, X: Cross

Start Controle					STAFFED
Open: Mar-14 08:00 EDT Close: Mar-14 09:00 EDT			Joan of Arc Statue Kelly Drive at 25th Street, Philadelphia, PA		
Tot	Seg	Leg	Cue	Description	
0.0	0.0	0.0	L	Kelly Drive bike lane	
0.2	0.2	0.1	SO	B/C Eakins Oval bike lane	
0.2	0.2	0.0	BR	After passing Art Museum, make second slight right onto MLK Drive; use MLK bike lane for next 4 miles	
4.4	4.4	4.2	R	Falls Bridge	
4.5	4.5	0.1	SO	Continue straight; becomes Calumet St (TFL)	
4.6	4.6	0.1	L	Left onto Ridge Ave (TFL)	
5.2	5.2	0.7	Danger	Caution! Large metal plate in road	
5.2	5.2	0.0	R	Wissahickon Bike Trail; CAUTION: watch for downed trees & branches	
6.5	6.5	1.3	R	Wissahickon Bike Trail; pass beneath the Ten Box structure	
6.7	6.7	0.1	BL	Rittenhousettown Ln; CAUTION: Gravel surface for 0.2 miles followed by steep paved climb	
7.0	7.0	0.3	L	Wissahickon Ave	
7.5	7.5	0.5	R	W Upsal St	
7.7	7.7	0.2	L	Wayne Ave	

8.1	8.1	0.4	R	W Westview Ave	13.3	0.2	0.1	L	Stenton Ave
8.2	8.2	0.1	L	Sherman St	17.1	3.9	3.8	SO	At Five Points intersection, continue straight on Stenton Ave
8.5	8.5	0.2	SO	B/C S Mt Pleasant Rd	17.7	4.5	0.6	R	Stenton Ave/Walton Rd
8.8	8.8	0.3	L	McCallum St	17.7	4.6	0.1	BL	Stenton Ave
9.4	9.4	0.7	R	W Mermaid Ln	18.2	5.0	0.4	R	Penllyn Blue Bell Pike
10.0	10.0	0.5	L	St Martins Ln	18.4	5.2	0.2	L	Hoover Rd
10.7	10.7	0.8	L	Seminole St	19.1	5.9	0.7	L	Union Meeting Rd
11.0	11.0	0.3	R	W Chestnut Hill Ave	19.6	6.4	0.5	R	Jolly Rd
11.2	11.2	0.2	L	Crefeld St	20.6	7.4	1.1	L	Dekalb Pike bike lane
11.8	11.8	0.5	SO	B/C W Hampton Rd	20.9	7.7	0.2	R	Yost Rd
12.0	12.0	0.2	L	Germantown Ave	22.2	9.0	1.3	L	N Wales Rd
12.7	12.7	0.7	R	W Northwestern Ave	22.2	9.1	0.1	QR	Bean Rd
13.2	13.2	0.5	R	Approaching control: Turn RIGHT into entrance for Morris Arboretum. Then stop at turnabout (do not go past gate)	22.4	9.2	0.2	Danger	CAUTION: Train tracks
Controle 2					<i>INFO</i>				
Open: Mar-14 08:37 EDT				<i>Morris Arboretum</i>					
Close: Mar-14 10:03 EDT				<i>100 E Northwestern Ave, Philadelphia, PA 19118</i>					
Tot	Seg	Leg	Cue	Description	23.4	10.2	1.0	TL	Berks Rd
13.2	0.0	0.0	R	Depart control by turning RIGHT on Northwestern Ave and continue same direction	23.6	10.5	0.2	SO	Scenic View. Highest point of ride (450ft ASL). On a clear day, view of Philadelphia Skyscrapers to left across horse field.
					23.7	10.5	0.0	TR	Potshop Rd
					24.8	11.7	1.2	L	Valley Forge Rd. WARNING: Fast Traffic
					24.9	11.7	0.1	QR	Heebner Rd

Controle 4					INFO
Open: Mar-14 09:48 EDT		West Point Post Office			
Close: Mar-14 12:04 EDT		1851 W Point Pike, West Point, PA			
Tot	Seg	Leg	Cue	Description	
38.2	0.0	0.0	R	Depart control by turning RIGHT on W Point Pike and continue same direction	44.3
38.3	0.1	0.1	Danger	CAUTION: Train tracks	6.1
38.4	0.2	0.1	R	Moyer Blvd	0.1
39.2	1.0	0.9	TR	N Wales Rd	TL
39.3	1.2	0.1	1st L	Cardinal Way	N Main St
39.6	1.4	0.3	TR	Audubon Dr	44.4
39.7	1.6	0.1	TL	Township Line Rd	6.2
41.6	3.4	1.8	R	Plymouth Rd (SS)	0.1
41.8	3.6	0.2	1st L	Lantern Ln	44.8
42.4	4.2	0.6	L	Penllyn Blue Bell Pike	6.6
42.5	4.4	0.2	SO	B/C Penllyn Pike	0.4
42.8	4.7	0.3	R	Wister Ave	45.0
42.9	4.8	0.1	R	Old Penllyn Pike	6.8
43.0	4.8	0.0	SO	B/C Pen-Ambler Rd	0.2
44.2	6.0	1.2	TR+QL	Reiffs Mill (crossing Tennis Ave)	45.1
					Controle 5
Open: Mar-14 10:07 EDT		Weavers Way Co-op			MERCHANT
Close: Mar-14 12:48 EDT		217 E Butler Ave, Ambler, PA 19002			
Tot	Seg	Leg	Cue	Description	
45.2	0.1	0.1	R	Depart control by turning RIGHT on Butler Ave, continuing same direction	
45.5	0.4	0.4	Danger	CAUTION: Train tracks	
45.9	0.8	0.4	L	Morris Rd (TFL)	
46.7	1.6	0.7	R	Sheaff Ln	
47.6	2.5	1.0	R+QL	TRO Sheaff Ln, crossing PA-73; CAUTION: Fast traffic on 73	
48.8	3.7	1.1	TL	Stenton Ave	
49.7	4.6	0.9	R	Joshua Rd (TFL)	
51.2	6.1	1.5	SO	Passing Wawa in shopping center on left.	
52.7	7.6	1.5	TL	Cedar Grove Ln b/c Barren Hill	

52.9	7.8	0.2	R	River Rd at No Right Turn (for big trucks) sign	59.8	14.7	0.2	BR	Ridge Ave
54.0	8.9	1.1	R	Harts Ln, through tunnel, b/c River Rd, CAUTION: Construction ahead. If impassible, backtrack. Left at Hector, Left at Spring Mill Trailhead, left onto SRT	60.6	15.5	0.8	R	Calumet St (TFL)
55.4	10.3	1.4	SO	B/C Nixon St at slight uphill; CAUTION: Train tracks	60.7	15.6	0.1	SO	B/C Falls Bridge CAUTION: Traffic
55.7	10.6	0.3	L	Shawmont Ave, through tunnel. Small memorial at corner.	60.8	15.7	0.1	L	Martin Luther King Jr Dr at end of bridge
55.9	10.8	0.2	Sharp Right	Sharp uphill right onto Minerva St, to Umbria (SS)	61.6	16.5	0.8	BR	First slight right up the ramp to Strawberry Mansion Bridge
57.5	12.4	1.6	R+QL	*** High St crossing Leverington Ave TOUGH INTERSECTION right turn is followed by quick left BEFORE BRIDGE!!	61.8	16.7	0.2	L	Strawberry Mansion Bridge (use pedestrian way on right side of bridge).
57.7	12.6	0.1	SO	Straight onto Manayunk Bridge Trail at parking. Cross bridge over Schuylkill River	62.3	17.2	0.5	BR	Woodford Dr
58.1	13.0	0.4	SO	B/C Cynwyd Heritage Trail after bridge	62.3	17.2	0.1	TR	Greenland Dr, Follow East Park Tour signs next few turns
58.7	13.6	0.6	L	Turn left into West Laurel Hill Cemetery, go through gate. In Cemetery follow signs and road markings for Pencoyd Bridge "PB"	62.5	17.4	0.1	TR	Dauphin Dr
59.2	14.1	0.5	L	Righters Ferry Rd exiting cemetery	62.6	17.5	0.1	L	Reservoir Dr
59.4	14.3	0.3	L	Turn left toward Pencoyd Bridge after passing under stone overpass TRO Righters Ferry Rd	63.2	18.1	0.6	SO	Passing Mt Pleasant Dr on right
59.5	14.4	0.1	SO	B/C Pencoyd Bridge, use pedestrian way on right	63.3	18.2	0.1	BR	Slight right at SS onto Fountain Green Dr (downhill)
59.6	14.5	0.1	TR	Main St [Manayunk]	63.6	18.5	0.3	X	Kelly Drive (TFL) use pedestrian walk (push button).
					63.6	18.6	0.0	QL	Schuylkill River Trail WARNING: pedestrians, etc...
					64.2	19.1	0.6	SO	Passing Ellen Phillips Samuel Memorial Art Park, on right.
					64.9	19.8	0.6	SO	At Lloyd Hall, continue straight on Kelly Drive bike lane

65.4	20.3	0.5	L	After art museum, road diverges. Stay left for Benjamin Franklin Parkway and use bike lane on right side of street. Heading towards City Hall
65.6	20.5	0.2	BR	Benjamin Franklin Pkwy bike lane. Be cautious of cars making right turn onto I-676 expressway ramp
66.0	20.9	0.5	SO	At the traffic circle, continue on Benjamin Franklin Pkwy. AFTER traffic circle, make your way to left lane for Race Street
66.2	21.1	0.1	BL	Use left turn lanes to turn slight left onto Race Street (do not make full left on 18th St)
66.5	21.4	0.3	R	N Carlisle St.
66.6	21.5	0.1	L	At end of Carlisle St, turn left onto walkway for Lenfest Plaza and continue past airplane and giant paint brush
66.6	21.5	0.0	SO	Approaching final control: use crosswalk to cross Broad Street. PA Convention Center is straight ahead.
Finish Control			<i>STAFFED</i>	
Open: Mar-14 11:09 EDT			<i>Pennsylvania Convention Center (646) 220-5802</i>	
Close: Mar-14 15:08 EDT			<i>129 N Broad St, Philadelphia, PA</i>	